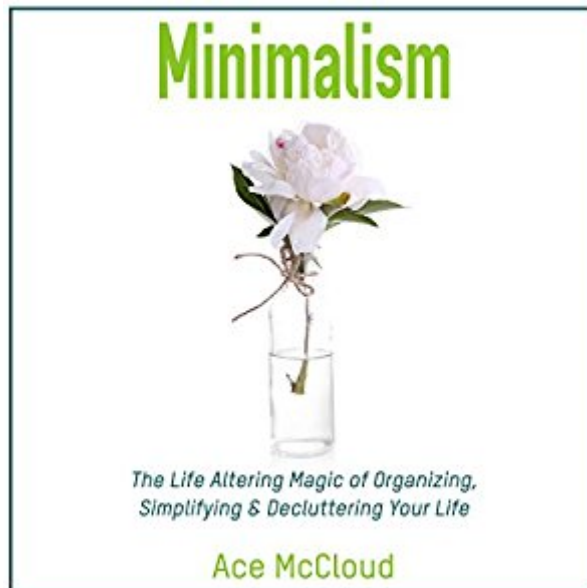


The book was found

Minimalism: The Life Altering Magic Of Organizing, Simplifying & Decluttering Your Life



Synopsis

Does your home give you stress instead of serenity? Are you tired of the weight of so many things and distractions dragging you down? Whether you want to (1) be happier, (2) perform better or (3) know how to easily remove distractions from your life, this is the guide for you. In this book I will show you just how easy it is to declutter, organize, and minimize your life. How many times are you going to let your environment, possessions and unhealthy relationships negatively impact your life? In this audiobook you will discover everything that you need to know in order to easily start removing the stuff that you don't really need so that you can live a happier and fuller life. I will guide you through decluttering your home, your life, and your relationships. Included are practical tips that anyone can use along with strategies for transforming negative thought patterns and emotions so that you can keep your mind calm and clear. Discover easy-to-implement Feng Shui techniques for attracting positive energy into your home. Learn how to point out red flags that indicate toxic relationships and discover how to effectively minimize those unhealthy people that may be dragging you down. At the same time I will show you how to strengthen your favorite relationships that bring the most joy into your life. Discover how to easily master technology to enhance your minimalist lifestyle. Don't settle for a life full of unnecessary clutter and distraction. Learn how to simplify your life so that you will worry less and truly enjoy living. Life is so much better when you are free from all of the things in your life that can distract you from living at your full potential. Free yourself and buy this audiobook now.

Book Information

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Customer Reviews

In these crazy times, I think this is what I need--to practice Minimalism. And luckily I came across this book, *Minimalism: The Life Altering Magic of Organizing, Simplifying & Decluttering Your Life*. The book cover alone has got me attracted to it, it speaks of peace and organization. Reading it has proven that I did the right thing in grabbing it. It has been an enlightenment for me. This book has indeed shown me how I can declutter, how I can organize, and eventually, how I can minimize things in my life so I will be more peaceful and happier. At the end of the day, this is really what we need anyway. And, personally, of all the topics here, the one about *How to Easily End Negative Relationships* hit me the most. This is quite a read.

Minimalism is a tough concept to grasp for most people. McCloud shows that minimalism can be quite useful to individuals wanting to make more out of less in their lives. With an emphasis on having a more peaceful life, McCloud shows that minimalism can rid excess baggage from your life and even negative people. He also explains how your living space is important for obtaining happiness and how anyone can use minimalism to obtain peace at home.

Minimalism by Ace McCloud is a very unique book on downsizing. I thought this book was only going to focus on minimizing material possessions around your home but I was surprised to discover that it focused on more than that - this book helps you learn how to not only minimize material items but also negative relationships, negative energy, and anything else that is unnecessary in your life which I thought made this book stand out from most books in its category. I also enjoyed learning about what types of plants you can keep inside of your house to promote more good energy over negative chi. Highly recommended.

I enjoyed this book a lot as it teaches me a lot of practical and useful tool in terms of approaching a simple life. One thing I like about this book is it helps you declutter your life by organizing the living space, cultivate a quiet mind, and keep the house clean in a much more simplified way. The book helps readers realize that minimalism is not only de-cluttering physical space but mental space as well. I love this concept! If you are just getting started with living a simpler lifestyle, I am very sure you will get a lot out of this book. Good luck!

I thought I knew it all and thought I was pretty minimal as I am not so much the messy type but I do sometimes have trouble looking for stuff. Then I checked out this book and slowly began to realize

that I do have the tendency to clutter up and it immediately pointed me towards some direct approaches to really make my surroundings as minimal as possible. It seemed like subtle changes at first but the more I took every bit of advice seriously, the more I became happier and well felt some peace in myself... something I haven't felt in a very long time. So this claim of being magical and life altering? Absolutely!

I have too much clutter and stuff. To that end I bought Ace McCloud's book Minimalism to see what I could do to declutter and get rid of unnecessary items in the house. What I got was not a book about eliminating clutter in the house. It was so much more. Not only did he have excellent tips for getting rid of physical clutter, but he also wrote about how to deal with mental and spiritual clutter. There were sections about organizing your space and your life, getting rid of belongings, how to use Feng Shui, plants, and decorative items. He also talks about how to work on the clutter in your relationships and your mental state. It was a wonderful book, well worth the read.

For my 30th birthday in a few weeks, I've decided to declutter. Let's just say I'm wanting a new start to celebrate my adulthood. Was looking for books to download on the topic to aid in my research for the proper way of letting go of stuff I've accumulated through the years, and this was the one that caught my attention. Worth every cent. I am more convinced now that it's smart to implement this practice, as the author made me realize that I can live a healthier, happier life by altering my living environment. Great find!

In Ace McCloud's book on Minimalism he stays true to his title of encouraging you to organize, simplify and declutter. He goes into important detail about the different useful methods for decluttering your home and organizing it in 10 easy to follow steps. He also brings in the idea of Feng Shui and how it promotes a minimalist lifestyle. One of my favorite sections was on meditation techniques including a list of affirmations that I found extremely useful in bringing peace to myself during this transition. Once I felt ready I could move onto his next chapter about promoting healthy relationships and being happy. I also found his chapter on the role of technology in a minimalist lifestyle fascinating because he talks about different ways you can use technology to encourage minimalism. Really a great and helpful read!

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